LIFE HEALTHCARE GROUP HOLDINGS LIMITED Incorporated in the Republic of South Africa Registration number: 2003/002733/06 ISIN: ZAE000145892 Share Code: LHC ("Life Healthcare" or "the Company")

TRADING STATEMENT

Shareholders are referred to the SENS announcement dated 29 July 2011 whereby shareholders were advised that the Company's results for the year ended 30 September 2011 were expected to show an improvement of more than 20% from those reported for the year ended 30 September 2010 ("comparative period"). Life Healthcare is currently finalising its results for the year ended 30 September 2011, which should be released on SENS on 17 November 2011. In this regard, shareholders are advised that earnings per share and headline earnings per share are expected to be between 85% and 95% higher than the comparative period.

This is largely attributable to the costs incurred relating to the Company's Initial Public Offering in June 2010 including Secondary Tax on Companies and lower net finance costs following the refinancing of debt in May 2010.

The forecast financial information on which this trading statement is based has not been reviewed and reported on by the external Company's auditors.

Illovo 31 October 2011

Sponsor RAND MERCHANT BANK (A division of FirstRand Bank Limited)